

# **EFFINGHAM COUNTY RECREATION AND PARKS**

## **2020 FALL ADULT VOLLEYBALL RULES**

### **PLAYERS**

#### **1. Eligibility:**

**A. Participants may be below the age of 18 and still play in the league. However they must have a signed parental permission form on file at the Effingham County Recreation and Parks office. Anyone below the age of 16 must get approved by Effingham County Recreation Board in addition to the parental permission form.**

**B. Each player must have an affidavit and copy of a photo ID (driver's license) on file at ECR&P.**

#### **2. Ineligible Players:**

**A. Any team using an ineligible player(s) will forfeit all games in which these player(s) participated.**

**B. Player(s) concerned will be suspended from further participation, return to play that season will be left to the discretion of ECRP staff.**

### **TEAMS**

**1. League will be open. There must be a minimum of 4 teams for a league to start play.**

**2. A team shall consist of six (6) players, but you must have four (4) players to begin and end volleyball game or game will be forfeited.**

**3. Any team failing to field four (4) players forfeits 1st game, the team then has 10 minutes to field four players or will forfeit its match to the opposing team.**

**4. Roster shall be limited to twelve players (12) unless approved by E.C.R.P. Roster and entry fee shall be turned in prior to team's first game or the team will automatically forfeit that match.**

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### GAME

1. Each match will have one (1) hour time limit.
2. The court size will be 60 feet by 30 feet.
3. The top of the net will be (7'6").
4. **SERVE** - The serve will be made in the rear right hand corner of the court. The serve can be made with open or closed hand. The ball must be released from the other hand before serving. **If the ball touches the net on the serve and continues to the opponent's side, the ball remains live.** It is a fault if the ball touches a teammate on the serve. A player continues to serve as long as his/her side wins. **When a side fails to win a point on serve, service changes to the opposing team, at which time, in a clock wise manner, that team rotates.** **If a team is caught not rotating you will receive a verbal warning the first time, second time a 2 points will be deducted from your score and if it happens the third time you will forfeit that game but not the match.** Five (5) seconds to serve the ball.
5. **RETURN** - The ball may be touched three (3) times by each team. No player can touch the ball twice in succession. Contact is allowed with any part of the body above the waist, as long as the ball is not held, scooped, or carried in any way.
6. **OUT OF BOUNDS** - a ball is out of bounds when it strikes the ground, wall, any person or object outside the playing field. If the ball hits a suspended object, it is out of bounds. If the ball hits the net supports, it is out of bounds. You cannot cross the out of bounds extension line. Ball hits ceiling on team own side can be played again unless all hits have been exhausted.

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### **7. FOULS OR ILLEGAL PLAYS - A player is forbidden to:**

- A. Strike the ball while supported by an object or another player.**
- B. Hit the ball twice in succession.**
- C. Catch or hold the ball.**
- D. Reach over the net to strike the ball. On a live ball you cannot reach over the net.**
- E. Serve out of order.**
- F. Step on or over the ball line while serving.**
- G. Touch the net while the ball is in play. You cannot touch the net on a spike or block. If player spiking hits ball and touches the net while the player blocking brushes the net, double foul.**
- H. Break the plane of the center court.**
- I. Delay the game unnecessarily.**
- J. Ball must land completely out of bounds for ball to be out.**
- K. You cannot interfere with another player on the other team trying to make a play on the ball.**
- L. You can block a ball partly over the net or when the ball is still on your opponent's side.**
- M. Back line players can contact the ball below the net and return the ball to the opponents.**
- N. Back line players can contact ball above the net for a set to another player.**
- O. A block is not considered as a hit. A player blocks a spike, then sets it to another player for spike, this is LEGAL.**
- P. Player on team "A" spikes the ball for a kill after which she steps over the center, she also touches the net - LEGAL. Ball must be in play for net foul or foot fault to occur.**
- R. A player spiking the ball must contact ball on own side and above the net.**

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**\* Any illegal play forfeits the point, or causes loss of serve.**

**8. SCORING – Rally scoring will be in effect. Either team is eligible to receive the point on serve. A game is won when one team has twenty-five (25) points for each of the first two games and fifteen (15) for the third game. A team must win by two (2) points. At the end of each game, the teams change sides of the court. Regular season matches will consist of the two (2) out of three (3) games.**

**9. A referee will award points, decide on plays at the net, and judge all out of bounds calls. The referee will be a representative of the Effingham County Recreation and Parks and will have the final voice on all matters concerning rule adaptations.**

**10. TIME OUT - Each team will be permitted two (2) time outs per game. Time outs must be made during a dead ball situation.**

**11. You may substitute into serve position during side-out rotation. All players receive equal playing time when substituted in this manner.**

**12. CHOICE AND CHANGE OF PLAYING AREAS - In the first game of the match, the choice of serving, receiving or the playing area shall be decided by the toss of a coin. Second game rotates serves and playing area. Third game repeats first game coin toss. After eight (8) points are scored by one team (in the third game), teams will change playing area.**

**\*\*\*\* Any rules not covered above will be governed by National Federation of State High School Association. \*\*\*\***